

Gilson College

Canteen Menu - TERM 1 2022

<i>GF – gluten free, TN – may contain traces of nuts, EP – contains egg product, D – Dairy.</i>		Price
TN, D	Arancini Balls – Mushroom, Spinach & Cheese	1.00
TN, D	Bean Burrito (Monday Only)	5.00
TN, EP	Biryani Rice with Green Beans, Zucchini, Tofu & Egg (Tuesday Only)	5.50
TN, GF	Brown Rice with Vegies (Includes tamari & sesame oil)	4.00
EP, D, TN	Burger Vegie - Vegie Patty with Salad & Cheese	5.00
TN, D	Burek – Spinach & Ricotta OR Apple	3.00
TN	Buttered Roll – Wholemeal 10cents extra	1.50
TN, D	Calzone - Mozzarella & Tomato (Monday & Thursday Only)	5.50
TN, D	Cannelloni – Spinach & Ricotta	4.50
TN, D	Cheese Roll - Wholemeal 10cents extra	2.50
TN, D	Crackers, Vegie Sticks and Cheese	4.00
TN, EP, D,	Egg, Cheese & Lettuce roll - Wholemeal 10cents extra	4.30
TN, EP, D,	Egg, Cheese & Salad roll - Wholemeal 10cents extra	4.80
TN	Fruit Salad	4.00
TN, GF, D	Greek Salad	5.50
TN, EP	Hot Dog & Sauce	4.00
TN, EP, D	Hotdog & Sauce with Shredded Tasty Cheese	4.50
TN, EP, D	Jacket Potato – Garlic Butter, Cheese, Corn, Coleslaw & Sour Cream (Friday Only)	5.50
TN, D	Lasagne Vegetables	4.00
TN, D	Macaroni and Cheese	4.00
TN, D	Pasta in Red Sauce & Vegies - includes mushrooms & Lentils (Wednesday Only)	5.00
TN, D	Pastissi – Spinach & Ricotta	1.00
TN, D	Pide – Haloumi & Spinach	3.00
TN, GF	Pita Crisps, Vegie Sticks & Hummus	4.00
TN, EP, D	Pizza –Margherita or Vegetarian (Thursday & Friday Only)	4.50
TN, D	Roasted Vegetable Couscous Salad (Thursday Only)	5.50
TN, GF	Salad Box Plain (Includes Tabouleh)	4.00
TN, GF	Salad Box with Egg (Includes Tabouleh)	4.50
TN, GF	Salad Box with Falafel Balls & Hummus (Includes Tabouleh)	5.50
TN, D	Salad Roll with Cheese	4.00
TN, EP, D	Spinach & Cheese Roll – Whole / Spinach & Cheese Roll 1/2	4.50/2.50
TN	Sushi – Vegetarian (Thursday & Friday Only)	2.80
TN, EP, D	Turkish Bread with French Onion OR Hummus Dips	4.00
TN, EP	Vegie Pastie Wholemeal	4.50
TN, EP	Vegie Roll – Whole / Veg. Roll 1/2	4.50/2.50
DRINKS		
	350ml Up & Go (Chocolate, Strawberry & Vanilla)	3.50
	250ml Up & Go (Chocolate, Banana, Strawberry & Vanilla)	3.00
	450ml Harvey Fresh Juice (Apple, Apple & Blackcurrant & Orange)	3.30
	200ml Juice Box (Apple & Raspberry, Apple, Orange & Tropical)	2.00
	600ml Mineral water	2.50
	Icy Pole	1.00
SNACKS		
TN, D	Yoghurt with Muesli or Berries	2.70
	Seasonal Fresh Fruit Bag	2.00
D (cheese)	Bag of Mixed Vegie Sticks (*with cheese \$3.50)	2.50
MISCELLANEOUS		

	Banana Bread	2.00
	Sesame Crisp	1.00
	Popcorn – Cheese, Sweet & Salty, Sea Salt	2.00
	Vegie Chips 50g	2.80
	Piranha Vegie Crackers 45g – Balsamic Vinegar & Sweet Chilli Lime	2.50
	Grain Waves 40g	2.50

Name: John Brown

Class: Yr. 5S

Order:	Arancini balls 3x	\$3.00
	Bag of Fruit	\$2.00
	Apple juice box 200ml	\$2.00
	Total	\$7.00

Money Enclosed	\$7.00
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**Bags need to be large enough to accommodate items.
If no lunch bag is supplied, a charge of 10 cents will apply.**

For canteen safety, please Do Not use STAPLES on bags.

Please note: Lunch orders with insufficient funds will be supplied items to the value of total enclosed. If no money is included in the order, a vegemite/buttered roll will be supplied and a bill sent home to Parent/Guardian.

Ensure that the money is properly placed inside the lunch order bag to prevent any possible loss.

PRICES AND MENU SUBJECT TO CHANGE EVERY SCHOOL TERM.