

Gilson College

Canteen Menu - TERM 2 & 3 2022

GF – gluten free, TN – may contain traces of nuts, EP – contains egg product, D – Dairy. Please note that Salad boxes are gluten free		Order Price
TN, D	Arancini Balls – Mushroom, Spinach & Cheese	1.00
TN, EP, GF	Baked Rice & Vegies with Egg (Thursday Only)	5.00
TN, D	Baked Pasta with Mushrooms & Red Sauce (Wednesday Only)	5.00
TN, GF	Brown Rice with Vegies – Includes Tamari & Sesame Oil	4.00
TN, D	Burek – Spinach & Ricotta OR Apple	3.00
TN, D	Burger - Vegie Patty with Salad & Cheese on a Bun (Wholemeal 10cents extra)	5.00
TN	Buttered Roll (Wholemeal 10cents extra)	1.50
TN, D	Calzone – Mozzarella & Tomato (Monday & Thursday Only)	5.50
TN, D	Cannelloni – Spinach & Ricotta	5.00
TN, D	Cheese Roll (Wholemeal 10cents extra)	2.50
TN	Curry Vegies & Rice – Pumpkin, Chickpeas & Broccoli (Tuesday Only)	5.50
TN, D, EP	Egg, Cheese & Lettuce Roll or Sandwich (Wholemeal 10cents extra)	4.30
TN, D, EP	Egg, Cheese & Salad roll or Sandwich (Wholemeal 10cents extra)	4.80
TN, D	Greek Salad	5.50
TN	Hot Dog & Sauce	4.00
TN, D	Hotdog with Shredded Tasty Cheese	4.50
TN, D	Jacket Potato – Garlic Butter, Cheese, Corn, Coleslaw & Sour cream (Friday Only)	5.50
TN, D	Lasagne Vegetables (Gluten Free Available \$4.50)	4.00
TN, D	Macaroni and Cheese	4.00
TN, D	Pastizzi – Spinach & Ricotta	1.00
TN, D	Pide – Haloumi & Spinach	3.00
TN, D	Pizza –Margherita or Vegetarian- Round (Thursday & Friday Only)	4.50
TN, EP, GF	Salad Box with Egg- * .50c additional for hummus	5.00
TN, GF	Salad Box with Falafel Balls & Hummus	5.50
TN, D	Salad Roll or Sandwich - Includes Cheese	4.00
TN, D, EP	Soup with Bun (Please check the soup of the day)	3.50
TN, D, EP	Spinach & Ricotta Roll – Whole / ½ Spinach & Ricotta Roll	4.50/2.50
TN, D, EP	Turkish Bread with French Onion or Hummus Dips	4.00
TN, EP	Vegie Roll – Whole / ½ Veg. Roll	4.50/2.50
TN	Vegie Sticks, Pitta Crisp and Hummus or French Onion Dip	4.00
DRINKS		
	350ml Up & Go - Chocolate, Strawberry & Vanilla	3.50
	250ml Up & Go - Chocolate, Banana, Strawberry & Vanilla	3.00
	450ml Harvey Fresh Juice (Apple & Blackcurrant, Apple & Orange)	3.50
	200ml Juice Box (Apple & Blackcurrant, Apple, Orange & Tropical)	2.00
	600ml Mineral water	2.50
SNACKS		
TN, D	Crackers & Cheese	1.00
TN, D	Yoghurt with Muesli or Berries	2.80
	Seasonal Fresh Fruit Bag	2.00
D (cheese)	Bag of mixed veg (*with cheese \$3.00)	2.00
MISCELLANEOUS		
	Banana Bread	2.00
	Sesame Crisp	1.00

	Popcorn	2.00
	Grain Waves 40g	2.50
	Vege Chips 50g	2.80

Name: John Brown

Class: Prep S

Order:	Salad Roll	\$4.00
	Bag of Fruit	\$2.00
	Apple Juice 200ml	\$2.00
	Total	\$8.00

Money Enclosed \$8.00

**Bags need to be large enough to accommodate items.
If no lunch bag is supplied, a charge of 10 cents will apply.**

For canteen safety, please Do Not use STAPLES on bags.

Please note: Lunch orders with insufficient funds will be supplied items to the value of total enclosed. If no money is included in the order, a vegemite/buttered roll will be supplied and a bill sent home to Parent/Guardian.

Ensure that the money is properly placed inside the lunch order bag to prevent any possible loss.

PRICES AND MENU ARE SUBJECT TO CHANGE EVERY TERM DEPENDING ON THE COST OF THE SUPPLIER.